



Getting Started in the Caregiver Support Platform®

Whether you're caring for a spouse, raising children, supporting aging parents, or learning to care for yourself, your journey is uniquely yours. Whatever stage you're in, we're here for it.



Your Cariloop benefit includes:

Navigating Hospice Care

- ☒ Research hospice care options
- ☒ Discuss preferences
- ☐ Consult with care professionals
- ☐ Choose a local hospice providers

Caregiver Support Plans: Use these plans to tackle your caregiving challenges one step at a time, with expert-curated guidance across child care, adult care, education, insurance, and more.

- ### My Toolkit
- Guidance
 - Support Plans
 - 4 in progress plans
 - Manage Care Details
 - Medications
 - 11 added medications
 - Notes
 - 24 added notes
 - Providers
 - 8 added providers
 - Documents

Toolkit: Essential tools to guide, manage, and collaborate on care. You can track medications, store provider contracts, keep important care-related information organized, and invite family and friends to your care team.

Resources



Caring for a Loved One: Strategies and Tips for Informed Caregiving



Meditation for Mindful Caregiving

Resources: Access a growing library of resources available only to Cariloop Members—featuring articles written by our experts across a wide range of caregiving topics.

How it works:

1

Activate your account:

Go to www.cariloop.com/register and click *Get Started*. Sign up with your work email. (You can add a personal email or phone later.)

2

Confirm your work email:

Cariloop will send you a 6-digit code to your work email. Enter that code to finish activating your account.

3

Access your benefits:

Once activated, you have access to the extensive features of the Caregiver Support Platform®.

Download the mobile app:



Get started:
cariloop.com/register

Prefer to talk with someone directly?

Call Cariloop at [972-232-7561](tel:972-232-7561) or toll free at: [844-790-5667](tel:844-790-5667)

Need technical help?

Email us at support@cariloop.com